SUPERFOOD HEADQUARTERS Everyday Lunch

Chicken or Ham Sandwich	\$3.00
With Salad	\$5.00
(lettuce,carrot,cheese,cucumber,tomato)	\$5.00
Plain or Curried Egg and Lettuce Sandwich	\$3.50
Cheese or Vegemite or Tomato Sandwich	\$2.00
Toasted Sandwich	\$4.00
Options - Chicken, Ham, Cheese, Tomato,	
Spaghetti	

Roll	50c
Wrap	50c
Y MATERIAL CONTRACTOR	. 8
Salad Plate	\$5.00
(lettuce, carrot, cheese, tomato, cucumber, beetroot)	- 10
Meat and Salad Plate (chicken or ham)	\$6.00
Add 1 Egg	50c
Nuggets (4) Fruit & Salad Plate	\$5.00
Fish Fingers (3) Fruit & Salad Plate	\$5.00
(carrot, cucumber, apple, pear, strawberry, orange)	
Extra nugget or fish finger	50c
Nachos, Fruit & Salad Plate	\$6.00
Lasagne, Fruit & Salad Plate	\$6.00
Spaghetti Bolognaise, Fruit & Salad Plate	\$6.00
Tomato Sauce	50c
BBQ Sauce	50c

DRINKS

Bottled Water	\$1.50
Flavoured Milk (chocolate or strawberry)	\$2.00
Juice Box (apple or tropical)	\$2.00

AFTER LUNCH TREATS

Icypole

\$1.00

Paddlepop	\$2.00		V A
Order school	lunches fron	n the comfort	of your home

www.quickcliq.com.au

Follow the prompts to create an account

\$2.00

Slushie

No Credit Available or EFTPOS

Uniforms can be purchased from the canteen:
Tuesdays 8.30am till 9am
Wednesday 2.30pm till 3.10pm
Friday 2.30pm till 3.10pm

Lunch Specials

MAGNIFICENT MONDAY

Party Pie \$1.50 Sausage Roll \$3.50

TANGY TUESDAY

Hawaiian Pizza
OR
Ham and Cheese Pizza
\$3.50
Taco - soft wrap
\$3.00
Taco - boat
(mince, sauce, cheese, tomato, carrot, lettuce)
\$3.50

WACKY WEDNESDAY

Hot Dog with Tomato Sauce \$5.00 ½ Hot Dog with Tomato Sauce \$3.00 Stuffed Potato (potato, mince, sauce, cheese, sour cream) \$4.00

TREMENDOUS THURSDAY

Chicken Burger and Salad \$6.00

FREAKY FRIDAY

Chicken Tender and Salad Wrap \$6.00

SENSATIONAL SNACKS

Popcorn

Biscuits	50c
Rice Wheels (chicken, cheese or burger)	\$1.00
Potato Stix (chicken or plain)	\$1.00
Fruit (apple,pear or orange)	\$1.00
Muffin (various flavours)	\$1.00
Yoghurt	\$1.00
Apple Slinky	\$1.20
Frozen Yoghurt tub (strawberry or mango)	\$2.00
Milk Cup & Sippah Straw	\$1.50
Recess Special item	\$1.00

50c

CANTEEN PHONE: 0499 381 400

www.quickcliq.com.au

OUR AIM

To provide a service to the school community through provision of nutritious foods at affordable prices

OPERATING HOURS

8.30am - 8.50am open for lunch orders

10.55am – 11.25am open for Break One for collection of ordered lunches and snack items

1.25pm – 2pm open for Break Two which includes purchasing Slushies, Frozen Snacks & baked goods.

Snacks and Break Two items are not available for Kindergarten and Pre Primary students

TO ORDER

At the canteen counter - name, TA and lunch order must be written on an envelope or bag (available from the canteen) Enclose money securely and place in order box on canteen counter BEFORE school or hand to canteen staff.

No orders will be accepted after 8.50am.

Order lunch and recess online – www.quickclig.com.au

Follow the prompts to create account.

The canteen is a service to staff and students and cannot offer credit. The Waggrakine Primary School Canteen is wholly run by the P&C as a service to the school community. The canteen is self-funding and non-profit. That is it must cover its own costs, but does not make money from its operations.

All foods sold at the canteen comply with government regulations under the traffic light system.

Green (healthy) foods are offered everyday and make up most of the menu.

Amber (treat) foods can only be offered a maximum of twice a week.

Red (foods with little nutritional value) food are not offered.



VOLUNTEER HELPERS

Your canteen runs with only one staff member per day. Other roles need to be filled by volunteers. The more volunteers we have, the less time is required from each of us.

Volunteering in the canteen is not difficult. If you can make a sandwich, you are well qualified. If you prefer not to serve at the counter, you don't have to. We have a roster at the canteen, so please drop by and add your name if you have an hour to spare. Your help is much appreciated.

SUPPORT FROM HOME

We ask that parents support us in our efforts to encourage healthy food choices by providing healthy lunches from home.

UNIFORMS

In addition to providing nutritious food at affordable prices, we stock school uniforms which are available all year round. Please note the canteen is open from 8.30am—9am each morning for students to order lunches and this is the priority at this time. Please be patient and the staff will help you when they can. Alternatively uniforms can be purchased through our online store and picked up the next day.

www.quickcliq.com.au